## Cooking Safety

With an average of 455 daily fires, cooking is the leading national cause of home fires and related injuries.

## By the Numbers



Annually, U.S. fire departments respond to an average of 166,100 home fires involving cooking appliances



Cook-tops or ranges account for almost 3 out of every 5 reported home cooking fires



In 2018, in SC, at least 14% of home fire deaths were caused by cooking fires



Adults 65 and over have a higher risk of cooking fire death



Children under 5 are more likely to be injured by touching hot appliances or scalded by hot liquids



55% of individuals injured in home cooking fires were hurt trying to fight the fire

## Safety Tips

- · Stay in the kitchen while cooking
- Do not use kitchen appliances if you are sleepy or have consumed alcohol
- Never throw water on a grease fire
- Follow the 3 FEET RULE
- Keep the oven door closed and turn off the heat in case of an oven fire
- Get out if you doubt your ability to contain any size kitchen fire

## 3 FEET RULE

Keep children, pets, and anything that could burn at least 3 feet away from any heat source.

